



## IN THIS EDITION

Welcome

Next Consumer Voice Meeting

Schedule for Relapse Prevention Group Meetings

Article: Your Greatest Resource

## DATES TO REMEMBER

**Next quarterly meeting**  
Monday 19 July 2010  
6pm - 8pm

**Relapse Prevention Group**  
Date & Time:  
2 Aug, 16 Aug, 30 Aug, 13 Sept 2pm - 4pm and  
19 July 2pm - 5pm

Venue:  
49a Ormond Street  
Hindmarsh

## Consumer Voice News!

What an inspiring few months it has been to be part of the Consumer Voice Program.

Meeting with current speakers at the Quarterly meeting and Relapse Prevention Groups has been wonderful and we are very happy to welcome a new group of graduates into the program.

We have felt privileged to share in your journeys and deeply appreciate the levels of trust each of you demonstrate both in the Training and Relapse Prevention Groups.

Now that the training is over with, we can turn our attention to obtaining speaking engagements.

We are arranging a Forum on Tuesday, 3 August between 1pm and 4pm at Hindmarsh for incoming speakers to share their stories with various agency and venue staff.

In keeping with our acknowledgement of you all as being such a rich and inspiring resource for the Consumer Voice Program, we thought the following article may give you all some thoughts to ponder upon.

Please note that all consumer voice speakers are invited to the regular Relapse Prevention Group meeting on 19 July at Hindmarsh, for a special screening of the movie 'The Bucket List'. This meeting will be held from 2pm—5pm in order to watch the movie and have a discussion afterwards. This film is about two people with terminal illness who have come together to make a list of what they want to do before they die. Following the film, we will discuss lessons we can draw from their journeys and how these can be applied to improve the quality of peoples' own lives.

We look forward to seeing as many of you as can come to the film and later at our meeting on 19 July. Please advise our friendly administration staff on 8223 4566, if you are able to attend.

Thank you all and warm regards

Flame and Annie

# Consumer Voice NEWSLETTER



## Your Greatest Resources

*(Adapted from an article by Chris Widener)*

*When people think about pursuing something, they usually first take a look at their resources to determine whether or not they can do it. That is a wise thing to do.*

*Many fail in this process because when they look at their resources to determine whether or not they can do it, they are usually taking stock of the wrong resources.*

*Most people immediately look at money. "How much money do I have?" they ask. Sure, we need to know how much money we have, but money is not the greatest resource. In fact, there are a few other resources that are more important, and certainly more impacting, than money.*

*Take a look through the following and see how you do. If you have money, but don't have these, you will not go far. If you have these but lack in the money department, you can still pursue and achieve your dreams.*

**Desire.** *Everything that comes from life comes from wanting it. Really wanting it. Do you have desire in you for something? A fire in the belly that cannot be put out no matter what? This is what you must have. True burning desire for what you want. This is not a wish or something you would take if it came along. This is something deep in your heart. Something you long for, something you have always longed for, and something you will continue to long for. In many ways it is what you feel you were created for. Your destiny. And it is buried within you and cannot be taken away. Do you have this kind of desire for what you seek? Then you will accomplish it.*

**Vision.** *Robert Schuller once said, "You never have a money problem, only a vision problem." Well said. If you have vision for something, you will attract the money needed. Vision is that grand spectacular plan that sees the big picture, paints it for others and draws them along. Do you have a vision for what it is you want to accomplish? Can you see it even if it isn't here yet? Can you hear it? Smell it? How big is your vision? Is it a tiny little thing that lacks a compelling nature? Or is it something so big that it acts like a giant magnet to everything around it? If you have an enormous vision to see your plan come to fruition, it will, no matter how much money you may or may not have.*

**Persistence.** *It is true that most people who achieve something that others don't, do so simply because they tried longer. Not necessarily harder, just longer. So often the prize is lost because we do not persevere. Wealth, talent, genius, and education are good, but cannot and will not take the place of the one who is tenaciously persistent. Do you persist when the going gets tough? When it looks like the goal will be a little further off and a little longer in arriving do you quit and go elsewhere or do you buckle down and attack with even more diligence? If you will persist, you will achieve your dream, whether you have money or not.*

**Guts. Courage. Bravery. Nerve. Valor.** *Do you have them? Can you look risk in the eye and not blink? The men and women of this world who have accomplished tremendous things were not handed those things. I have found that every single one of them had moments of pure unadulterated fear. Fear of loss. Fear of humiliation. Fear of failure. But what separated them from the rest is that they had the guts to go forward anyway. When others slunk off into the distance, they forged ahead. It didn't matter how much money they had. They had a dream - a big dream - and the courage to go for it, no matter what the cost.*

What is your greatest resource? It isn't money. There are far greater resources for you to have:

We witness qualities such as "Desire, Vision, Persistence, Guts" and other resources as being present in each of your journeys. Take time to contemplate how you are your own greatest resource and how you might continue to engage with resources such as these in order to live the life you have always dreamed of!

We would like to collate your stories in a Consumer Voice journal and wonder whether or not each of you would be willing to share your story in the written form. Please consider the support you may need to write your story, whether or not you want your first name only, initials or surname included, or for your story to be anonymous and how we might use the stories.

We look forward to your input either by phone, email or better still, at the next quarterly meeting on 19 July at 6.00pm.

For further information on the Consumer Voice Project contact  
Flame Moloney and Annie Dimitriadis at Relationships Australia (SA) on 8223 4566.

Or alternatively you can send an email to [consumervoice@rasa.org.au](mailto:consumervoice@rasa.org.au)

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