CHC43315 Certificate IV in Mental Health

Overview
This qualification reflects the role of workers who provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability.

The qualification is suitable for those who are seeking to develop specialist skills to work with clients who face challenges with their mental health, including those who have some work or volunteer experience in community services or health and want to branch out into mental health work.

The course will examine the link between mental health and other personal and community issues, as well as exploring mental health in the community and in the work place. A focus on working with families dealing with mental health issues is also covered.

A structured workplace learning component is included to deliver practical skills.

Duration
6 – 12 months

Participation
This qualification is delivered via blended learning, combining face to face sessions with online learning.

Participants will be required to undertake self-directed learning outside of classroom delivery as well as work placement activities within an appropriate organisation or agency (where appropriate).

Students will need to identify and negotiate any required work placement with an appropriate community service provider.

Entry Requirements
There are no entry requirements for this qualification.

Assessment Methods
- Observation
- Quiz
- Peer feedback

- Question and answer – verbal
- Question and answer – written
- Participation
- Workplace reports
- Simulations
- Self-assessment

Employment Opportunities
The non-government mental health sector is increasing in size and importance. It makes a valuable contribution to the sector and to people affected by mental health issues. A commitment recovery-oriented principles and collaboration with consumers and carers is an essential component of this work.

Over the years to November 2019, the number of job openings for community workers is expected to be above average. The most common level of educational attainment for Welfare Support Workers is Certificate III/IV (24.6 per cent). (Source Job Outlook, an Australian Government initiative [http://joboutlook.gov.au/occupation.aspx?code=4117&search=&Tab=prospects](http://joboutlook.gov.au/occupation.aspx?code=4117&search=&Tab=prospects)).
Qualification Pathways
Eligible to undertake a Diploma qualification

Cost
Full fee: $5000 (which includes a $500 enrolment fee)

Location
The Australian Institute of Social Relations: 49a Orsmond Street, Hindmarsh SA 5007.

Units of Competency
This qualification is made up of 15 units of competency (7 core units and 8 elective units).

Core Units

<table>
<thead>
<tr>
<th>Code</th>
<th>Unit</th>
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<tbody>
<tr>
<td>CHCDIV001</td>
<td>Work with diverse people</td>
</tr>
<tr>
<td>CHCDIV002</td>
<td>Promote Aboriginal and/or Torres Strait Islander cultural safety</td>
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<tr>
<td>CHCLEG001</td>
<td>Work legally and ethically</td>
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<tr>
<td>CHCMHS002</td>
<td>Establish self-directed recovery relationships</td>
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<tr>
<td>CHCMHS003</td>
<td>Provide recovery oriented mental health services</td>
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<tr>
<td>CHCMHS004</td>
<td>Work collaboratively with the care network and other services</td>
</tr>
<tr>
<td>CHCMHS005</td>
<td>Provide services to people with co-existing mental health and alcohol and other drugs issues</td>
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<tr>
<td>CHCMHS007</td>
<td>Work effectively in trauma informed care</td>
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<tr>
<td>CHCMHS008</td>
<td>Promote and facilitate self-advocacy</td>
</tr>
<tr>
<td>CHCMHS011</td>
<td>Assess and promote social, emotional and physical wellbeing</td>
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<tr>
<td>HLTWHS001</td>
<td>Participate in workplace health and safety</td>
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Elective Units

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<tr>
<th>Code</th>
<th>Unit</th>
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<tbody>
<tr>
<td>CHCCCS003</td>
<td>Increase the safety of individuals at risk of suicide</td>
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<tr>
<td>CHCADV001</td>
<td>Facilitate the interests and rights of clients</td>
</tr>
<tr>
<td>CHCCOM002</td>
<td>Use communication to build relationships</td>
</tr>
<tr>
<td>CHCDFV001</td>
<td>Recognise and respond appropriately to domestic and family violence</td>
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</tbody>
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Modules

Workplace Requirements - The World of Work
Workplace health and safety, legislation, policies and procedures, different Acts, regulatory frameworks, reporting procedures, rights and responsibilities
Job roles, risks and hazards
Teamwork vision / mission philosophies, ethical work practices
Legislative frameworks, ethics, morals, beliefs and values

Communication, Diversity and Interacting with Others
Communication skills, workplace learning, language, literacy and numeracy, effective writing skills, effective communication
Rapport building, the role of empathy and active listening
Cultural fitness, cultural diversity
Conflict negotiation and resolution

The Community Services Sector – Responding to Issues in Community Work
The development of the community services sector
What guides community services? Principles and practices of community work
Collaborative multi-disciplinary work
Relationship building, meeting client need
Community development principles, social justice, equity and access
Community work and mental health, violence, racism, poverty, homelessness

Mental Health Processes
Collaborative work in Mental Health
Strategy implementation
Recovery oriented work
Trauma informed care within a service
Promoting well being

Responding to high risk
Supporting people with co-existing mental health and alcohol and other drugs issues
Identifying and managing immediate suicide risk

For further information contact the Institute on (08) 8245 8100 or email RTO@rasa.org.au
## Delivery Schedule

<table>
<thead>
<tr>
<th>Module</th>
<th>Duration</th>
<th>Dates</th>
<th>Time</th>
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<tbody>
<tr>
<td>Induction</td>
<td>Half Day</td>
<td>20 July 2017</td>
<td>1.00pm-4.00pm</td>
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<tr>
<td>Module One: Workplace Requirements – The World of Work: Including Child Safe Environments</td>
<td>6 days</td>
<td>27 July and 3, 10, 17, 24, 31 August 2017</td>
<td>9.30am-4.30pm</td>
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<tr>
<td>Module 2: Communication, Diversity and Interacting with Others: Including Cultural Fitness and Mental Health First Aid</td>
<td>9 days</td>
<td>7, 12, 13, 14, 21, 28 September and 5, 18, 19 October 2017</td>
<td>9.30am-4.30pm</td>
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<tr>
<td>Module 3: The Community Service Sector – Responding to Issues in Community Work: Including Trauma Informed Practice for Frontline Workers and Responding to Suicide Risk</td>
<td>7 days</td>
<td>25, 26 October and 1, 2, 9, 16, 23 November 2017</td>
<td>9.30am-4.30pm</td>
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<tr>
<td>Module 4: Mental Health Processes and Responding to high risk</td>
<td>10 days</td>
<td>5, 6, 7, 8, 12, 13, 14, 15 19, 20 December 2017</td>
<td>9.30am-4.30pm</td>
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<tr>
<td>Work Placement</td>
<td>80 hours minimum</td>
<td>Individually negotiated</td>
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<td>Child Focussed Practice course</td>
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<td>Blood Borne virus course</td>
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<td>AVERT Basics Family and Domestic Violence</td>
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Online self-paced learning programs completed in your own time available once you receive your online learning platform (Moodle) login.

## Student Support

Mentoring and tutoring available Thursdays 5.00pm – 7.00pm, or by appointment.

## Enrolments and Further Information

For further information, to enrol or for information about Recognition for Prior Learning, contact the Australian Institute of Social Relations:

Email: [rto@rasa.org.au](mailto:rto@rasa.org.au)
Web: [www.socialrelations.edu.au](http://www.socialrelations.edu.au)
Phone: (08) 8245 8100
Fax: (08) 8346 7333