CHC80208 - Graduate Diploma of Relationship Counselling

Overview
This qualification applies to workers who are employed in a family and/or couples relationship counselling role. This qualification has particular relevance to counsellors working independently or in organisations, providing counselling interventions for families and/or couples experiencing relationship issues.

Counselling contexts may include pre or post-separation and divorce, or where the client has involvement with the Family Law system. Counsellors at this level are making high level, independent, complex judgements in highly specialised contexts.

Counselling occupations may also involve full responsibility and accountability for all aspects of work of self and others, and functions including, program planning, budget, strategy, design and analysis.

Duration
12 months

Delivery Mode
Blended learning and assessment program
Intensive face-to-face learning and assessment
Online learning and assessment, tutorials and forums

Commitment
12 months
15 – 20 hours per week online
3 face-to-face intensives (Friday evening, Saturday and Sunday)
Workplace application minimum of 100 hours of supervised work (work placement)

Number of face to face days:
12 plus placement activities

On the job requirements:
For award of this qualification, candidates must complete a work placement under direct supervision. Based on this workplace application, evidence provided by the supervisor will contribute to assessment of the candidate’s ability to apply skills and knowledge as specified in the core units of competency. All other aspects of the program must be completed prior to commencing a supervised work placement.

Off the job requirements:
Reliable internet access and an online commitment to 15 to 20 hours per week
Cost
$6,500.00

Entry Requirements
To gain entry into CHC80208 Graduate Diploma of Relationship Counselling a candidate must have:
- An undergraduate degree or higher qualification in Counselling, Psychotherapy, Psychology, Social Work, Social Science or equivalent
- OR
- An accredited qualification in counselling at Diploma or Advanced Diploma level
- OR
- Previous experience in a family counselling environment in a job role involving the self-directed application of knowledge with substantial depth in some areas, the exercise of independent judgement and decision making, and a range of technical and other skills.

Recognition
You may be eligible for Recognition for this qualification. Please see the Recognition Application Kit for more details.

Assessment Methods
A variety of assessment methods will be used including
- Observation
- Question and answer responses written and oral
- Quizzes
- Peer assessment
- Self-assessment
- Forums
- Online activities
- Workplace reports
- Simulations

Employment Opportunities
Over the five years to November 2019, the number of job openings for Counsellors is expected to be below average (between 5,001 and 10,000). Job openings count both employment growth and turnover (defined as workers leaving their occupation for other employment or leaving the workforce). (Source [http://joboutlook.gov.au/](http://joboutlook.gov.au/))

Location
Australian Institute of Social Relations
49a Orsmond Street, Hindmarsh, South Australia, 5007
Number of Units
This qualification is made up of 11 units (5 compulsory units and 6 elective units).

Modules

1: Relationship Counselling Within the Contexts of Power and Family and Domestic Violence
Participants will acquire:

- The skills and knowledge required to respond to family domestic violence within the context of working with couples and families in Relationship Counselling
- The skills and knowledge required to manage their own performance and take responsibility for their professional development in relation to domestic and family violence
- The skills and knowledge to utilise appropriate counselling and facilitation skills to establish and maintain a safe and supportive environment
- The skills and knowledge to encourage clients to be actively involved in seeking their own solutions
- Skills to engage with and respond to users of violence
- Skills and knowledge to thoroughly explore client issues and identify options
- Skill to analyse the dynamics of Family Domestic Violence (FDV) safety needs of people subject to FDV accountability frameworks for working with FDV and family work personal values when responding to FDV
- Understand legal and procedural requirements

2: Relationship Counselling – Theories and Approaches
Participants will acquire:

- Understanding and application of key Relationship Counselling theories and models
- Skills and knowledge to determine and apply appropriate therapeutic approaches for Relationship Counselling interventions for individuals, couples, families, children and young people
- The skills and knowledge to counsel couples experiencing complex relationship issues
- The skills and knowledge required to adopt and maintain a child inclusive framework when working with families in Relationship Counselling
- Skills and knowledge to engage and work with children

3: Relationship Counselling – Working with Children and Young People
Participants will acquire:

- Skills and knowledge required to provide therapeutic interventions to working with young people and children
- Understanding and application of strategies to prevent child abuse and neglect
- Skills and knowledge to build the capacities of individuals and communities to care for children
- Understanding of the key principles and “better” practice approaches to ensuring the safety of people who have experienced domestic and family violence
- Access to appropriate information and support networks
- Skills and knowledge to work with perpetrators to promote safety of others who may have experienced violence and abuse
- Crisis intervention skills
4: Relationship Counselling – Supervision and Self-Management

Participants will acquire:

- An understanding of supervisory techniques, methods, principles and practice and the importance, purpose and benefits of clinical supervision
- The skills and knowledge to participate in effective clinical supervision
- Tools to implement for continued improvement of Relationship Counselling skills
- Skills and knowledge to evaluate own Relationship Counselling
- An understanding of ethical practice
- Legislative and professional standards requirements to practice
- A clear understanding of own personal values

5: Work Application Requirements (Practicum/Work Placement)

For award of this qualification, candidates must complete workplace application under direct supervision.

Based on this workplace application, evidence provided by the supervisor will contribute to assessment of the candidate's ability to apply skills and knowledge as specified in the core units of competency;

- CHCDFV811C Respond to domestic and family violence in family work
- CHCFCS801B Apply theory and practice of counselling approaches
- CHCFCS802B Provide relationship counselling
- CHCFCS804B Provide counselling to children and young people
- CHCFCS806C Work within a clinical supervision framework

Participation in the practicum is dependent upon successful completion of all learning and assessment activities in modules 1 - 4. Participants will be provided with extensive opportunities to develop and improve and utilise their current skills and knowledge directly related to the provision of Relationship Counselling interventions to individuals, couples, families, children and young people.

Participants will be expected to

- Demonstrate high level independent complex judgements within this specialised context and to be involved in extensive self-reflection of their own performance
- Provide counselling interventions for individuals, couples, families, children and young people
- Provide counselling interventions to individuals and couples experiencing complex relationships issues
CHC80208 - Graduate Diploma of Relationship Counselling 2016

Delivery Schedule

<table>
<thead>
<tr>
<th>Module</th>
<th>Duration</th>
<th>Dates</th>
<th>Time</th>
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<tbody>
<tr>
<td>Orientation</td>
<td>1 week</td>
<td>8 February 2016</td>
<td>online</td>
</tr>
<tr>
<td>1: Relationship Counselling Within the Contexts of Power and Family and Domestic Violence</td>
<td>7 weeks</td>
<td>15 February – 01 April 2016</td>
<td>online</td>
</tr>
<tr>
<td>Face to Face 1</td>
<td>3 days</td>
<td>08, 09, 10 April 2016</td>
<td>9.30 am – 4.30 pm</td>
</tr>
<tr>
<td>2: Relationship Counselling – Theories and Approaches</td>
<td>7 weeks</td>
<td>18 April – 03 June 2016</td>
<td>online</td>
</tr>
<tr>
<td>Face to Face 2</td>
<td>3 days</td>
<td>10, 11, 12 June 2016</td>
<td>9.30 am – 4.30 pm</td>
</tr>
<tr>
<td>3: Relationship Counselling – Working with Children and Young People</td>
<td>6 weeks</td>
<td>20 June – 29 July 2016</td>
<td>online</td>
</tr>
<tr>
<td>Face to Face 3</td>
<td>3 days</td>
<td>05, 06, 07 August 2016</td>
<td>9.30 am – 4.30 pm</td>
</tr>
<tr>
<td>4: Relationship Counselling – Supervision and Self-Management</td>
<td>3 weeks</td>
<td>15 August - 02 September 2016</td>
<td>online</td>
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<td>Individual Assessment Activities</td>
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<tr>
<td>5: Work Application Requirements (Practicum/Work Placement)</td>
<td>Minimum of 100 hours</td>
<td>Commences on successful completion of all aspects of modules 1 – 4</td>
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Enrolments and Further Information
For further information or to enrol, contact the Australian Institute of Social Relations:
Email: rto@rasa.org.au
Web: www.socialrelations.edu.au
Phone: (08) 8245 8100
Fax: (08) 8346 7333

Please note details are subject to change