Diploma of Counselling CHC51712

Overview

This learning and assessment program for this qualification supports students to develop their own ‘Integrative Approach,’ to Counselling. As a ‘Blended Delivery,’ this course offers student’s exposure to face-to-face sessions and on-line resources for a wide range of counselling therapies.

Rather than providing a set counselling style as a ‘one fit for all,’ this enables students to develop their own unique style of counselling incorporating:

- Personal qualities, skills and strengths
- Knowledge gained through life experiences, work roles and prior studies
- Preferences to therapeutic counselling styles, skills and techniques
- The skills and knowledge required to complete this program with a flexible therapeutic framework
- The skills and knowledge required to undertake generic counselling work
- High level communication in a range of commonly used modalities

Benefits of a Blended Delivery

- A choice of when and where to study each week without attending classes
- Study at your own pace. We expect you will need between 8 – 15 hours a week to complete the course requirements
- Extensive resources are available to assist whenever you need them.
- Resources are based on the professional text ‘Theory and Practise of Counselling and Psychotherapy,’ Gerald Corey provided to each student.
- Lecturelettes and role-plays to watch on-line demonstrating how each therapy builds and maintains a Therapeutic Alliance with a client, with additional resources and commentary from experienced counsellors.
- Support: Studying online does not mean you are left alone in your self-study environment. You will receive great support from the Course Co-ordinator and experienced RASA Counsellors.
- Connections with other students will be made through attending Intensives and on-line interactive discussions and forums.

Benefits of studying at Australian Institute of Social Relations (AISR)

AISR, a division of Relationships Australia South Australia (RASA), draws upon and utilises the expertise of its Counsellors to facilitate and demonstrate counselling in the learning program. RASA is a provider of counselling in areas such as:

- Relationship Counselling
- Problem Gambling
- CALD (culturally and linguistically diverse)
- Family Dispute Resolution
- Financial Counselling
- Child and Youth Services

The Australian Institute of Social Relations is a division of:
The Australian Institute of Social Relations is a division of:

Qualification Information Brochure 2016

Target group

<table>
<thead>
<tr>
<th>Community workers</th>
<th>Social workers</th>
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</thead>
<tbody>
<tr>
<td>Nurses</td>
<td>Teachers or workers in community, youth, health or employment services</td>
</tr>
<tr>
<td>HR Positions</td>
<td>Counsellor</td>
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<tr>
<td>Problem Gambling worker</td>
<td>Financial Counsellor</td>
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</table>

Entry requirements

Priority will be given to people with a background in health, community services or education and to those already providing services to support communities and individuals in either a volunteer or paid capacity. You must have sufficient work experience involving:

- the self direct application of knowledge with substantial depth in your specific area
- the exercise of independent judgement and decision making
- the application of relevant technical and other skills

Location

Relationships Australia (SA)
49a Orsmond Street
Hindmarsh SA 5007

Delivery Mode

Blended learning and assessment program

Face to face intensive

Online learning, forums, tutorials and assessment

Duration

18 – 24 months

The Australian Institute of Social Relations is a division of:
Assessment Methods can include:

- Observation
- Quizzes
- Peer feedback
- Simulations
- Question and answer – verbal/written
- Participation in off the job and on the job activities
- Workplace reports
- Online assessments

Program Delivery & Cost:

Training is delivered at our training premises, 49a Orsmond Street Hindmarsh.

This is a blended learning and assessment program combining face to face intensives and online learning platforms.

**Face to Face Intensives:**
Fridays, Saturdays and Sundays
9.30 am – 4.30 am

**Dates:**
March 18, 19 and 20
May 20, 21 and 22
July 29, 30 and 31
September 23, 24 and 25
November 25, 26 and 27

**Cost** - $6,000 Please note - Payment plans are available

**Special Promotional Price for enrolments before 24th December 2015: $5,500**

Recognition of Prior learning is available, for cost please contact The Institute.
Packaging:

The Completion of 17 Units of Competency is required for award of this qualification including:

14 core units  3 elective units

Compulsory Units:

<table>
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<tr>
<th>Code</th>
<th>Unit</th>
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<tbody>
<tr>
<td>CHCCM503C</td>
<td>Develop, facilitate and monitor all aspects of case management</td>
</tr>
<tr>
<td>CHCCS514B</td>
<td>Recognise and respond to individuals at risk</td>
</tr>
<tr>
<td>CHCCSL501A</td>
<td>Work within a structured counselling framework</td>
</tr>
<tr>
<td>CHCCSL502A</td>
<td>Apply specialist interpersonal and counselling interview skills</td>
</tr>
<tr>
<td>CHCCSL503B</td>
<td>Facilitate the counselling relationship</td>
</tr>
<tr>
<td>CHCCSL504A</td>
<td>Apply personality and development theories</td>
</tr>
<tr>
<td>CHCCSL505A</td>
<td>Apply learning theories in counselling</td>
</tr>
<tr>
<td>CHCCSL506A</td>
<td>Apply counselling therapies to address a range of client issues</td>
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<td></td>
<td>(Note pre-requisite CHCCSL502A)</td>
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<tr>
<td>CHCCSL507B</td>
<td>Support clients in decision-making processes</td>
</tr>
<tr>
<td>CHCCSL508B</td>
<td>Apply legal and ethical responsibilities in counselling practice</td>
</tr>
<tr>
<td>CHCCSL509A</td>
<td>Reflect and improve upon counselling skills</td>
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<tr>
<td></td>
<td>(Note pre-requisites CHCCSL501A, CHCCSL503B, CHCCSL507B)</td>
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<tr>
<td>CHCCSL512A</td>
<td>Determine suitability of client for counselling services</td>
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<tr>
<td>HLTHIR403C</td>
<td>Work effectively with culturally diverse clients and co-workers</td>
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<tr>
<td>HLTWHS300A</td>
<td>Contribute to WHS processes</td>
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Elective Units:

Family Domestic Violence

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<tr>
<th>Code</th>
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<tbody>
<tr>
<td>CHCDFV301A</td>
<td>Recognise and respond appropriately to domestic and family violence</td>
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<tr>
<td>CHCDFV402C</td>
<td>Manage own professional development in responding to domestic and family violence</td>
</tr>
<tr>
<td>CHCDFV505C</td>
<td>Counsel Clients affected by domestic and family violence</td>
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Quote from a previous student:

“After deciding I needed a career change after 20 years in the same industry, I explored study options and training organisations who were offering ‘Diploma of Counselling.’ I chose AISR (Relationships Australia) because it just made sense to me to study this in a place where counselling is actually provided. Now that I have finished, I know I made the right choice. The resources offered and the support from everyone who worked with us during class and also to help whenever we felt needed it, has given me the confidence and ability to begin my counselling career. Thank you AISR!”

Enrolments & Further Information

Email  rto@rasa.org.au
Visit us at  www.socialrelations.edu.au
Phone us on  (08) 8245 8100
Fax us on  8346 7333

# Please note that students enrolling in this qualification will be transitioned to the new qualification CHC51015 during the course of their study

The Australian Institute of Social Relations is a division of: