CHC42912 Certificate IV in Mental Health Peer Work

Overview
This qualification aims to develop participant skills and knowledge to assist those living with mental illness towards recovery and improve the service delivery of mental health initiatives.

Duration
The Institute recommends that this qualification be completed within 6 – 12 months of commencement.

Participation
This qualification is delivered via face to face sessions delivered on Wednesdays beginning March 23rd, 9.30 – 4.30 pm, at The Institute of Social Relations, 49a Ormond St, Hindmarsh, finishing in August 2016.
Participants will be required to undertake self-directed learning outside of classroom delivery as well as work placement activities within an appropriate organisation or agency (where appropriate).
Students will need to identify and negotiate any required work placement with an appropriate community service provider.

Entry Requirements
Nil

Assessment Methods
- Observation
- Quiz
- Peer feedback
- Question and answer – verbal
- Question and answer – written
- Participation
- Workplace reports
- Simulations

Employment Opportunities
The Certificate IV in Mental Health Peer Work is recognised nationally by training organisations and the mental health sector, and will enable employment within mental health services as a Peer Support Worker.

Qualification Pathways
Participants may be eligible to undertake further qualifications at Diploma level

Cost
Full Fee: $4125.00 – payment plans can be arranged

Location
The Australian Institute of Social Relations: 49a Ormond Street, Hindmarsh SA 5007
**Units**
This qualification is made up of 15 units (6 compulsory units and 9 elective units).

**Compulsory Units**

<table>
<thead>
<tr>
<th>Code</th>
<th>Unit</th>
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<tbody>
<tr>
<td>CHCPW401A</td>
<td>Apply peer work practices in the mental health sector</td>
</tr>
<tr>
<td>CHCPW402A</td>
<td>Contribute to the continuous improvement of mental health services</td>
</tr>
<tr>
<td>CHCPW403A</td>
<td>Apply lived experience in mental health peer work</td>
</tr>
<tr>
<td>CHCPW404A</td>
<td>Work effectively in trauma informed care</td>
</tr>
<tr>
<td>HLTWH5300A</td>
<td>Contribute to WHS processes</td>
</tr>
<tr>
<td>CHCPW405A</td>
<td>Promote and facilitate self - advocacy</td>
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**Elective Units**

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<tr>
<th>Code</th>
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<tbody>
<tr>
<td>HLTHIR404D</td>
<td>Work effectively with Aboriginal and/or Torres Strait Islander people</td>
</tr>
<tr>
<td>CHCPW406A</td>
<td>Work effectively in consumer mental health peer work</td>
</tr>
<tr>
<td>CHCPW407A</td>
<td>Support self-directed physical health and wellbeing</td>
</tr>
<tr>
<td>CHCAD401D</td>
<td>Advocate for clients</td>
</tr>
<tr>
<td>CHCAOD402A</td>
<td>Work effectively in alcohol and other drugs sector</td>
</tr>
<tr>
<td>CHCICS406B</td>
<td>Support client self-management</td>
</tr>
<tr>
<td>CHCCS426B</td>
<td>Provide support and care relating to loss and grief</td>
</tr>
<tr>
<td>CHCCSS51B</td>
<td>Recognise and respond to individuals at risk</td>
</tr>
<tr>
<td>CHCYTH404E</td>
<td>Support young people in crisis</td>
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Module 1: PEER WORK
- Understanding Peer work and its context
- Orientation to mental health Peer Work
- Working with consumers/carers
- Your lived experience
- Sharing your experience
- Self management and self care
- Advocacy
- Diversity in Mental Health
- Trauma informed care
- Recovery approaches
- Strength based approaches

Module 2: WORKING WITH OTHERS
- Contemporary frameworks in Mental Health
- Impact of violence
- Living with mental health issues, impact, stigma, discrimination
- The mental health sector
- Mental health terminology
- Working with carers
- Family and relationship dynamics
- Collaborative and team work practices that promote recovery
- Identifying issues
- Supporting and building self advocacy

Module 3: WORKING FOR CHANGE
- Advocacy and representation
- Influencing for change and service provision
- Peer based advocacy
- Access and inclusion
- Communication and encouragement
- Collaborative work
- Supporting others
- Holistic approaches to health and wellbeing
- Working safely as a mental health Peer Worker
- Consultation processes
- Consumer led/informed service delivery
- Workplace health and safety for Mental Health Peer Workers

Module 4: WORKING WITH DIVERSITY
- Cultural understandings of mental health and mental illness
- Working with diversity
- Cultural competence – tools for life
- Cross cultural communication
- Use of interpreters
## Delivery Schedule

<table>
<thead>
<tr>
<th>Module</th>
<th>Duration</th>
<th>Dates</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-accredited introduction to Peer Work - every Wednesday</td>
<td>2 days</td>
<td>23rd March and 30th March 2016</td>
<td>9.30am – 4.30pm</td>
</tr>
<tr>
<td>Module 1 – every Wednesday</td>
<td>5 days</td>
<td>6th, 13th, 20th and 27th April and 4th May 2016</td>
<td>9.30am – 4.30pm</td>
</tr>
<tr>
<td>Module 2 - every Wednesday</td>
<td>5 days</td>
<td>11th, 18th and 25th May and 1st and 8th June 2016</td>
<td>9.30am – 4.30pm</td>
</tr>
<tr>
<td>Module 3 - every Wednesday</td>
<td>5 days</td>
<td>15th, 22nd and 29th June and 6th and 13th July 2016</td>
<td>9.30am – 4.30pm</td>
</tr>
<tr>
<td>Module 4 - every Wednesday</td>
<td>5 days</td>
<td>20th and 27th July and 3rd, 10th and 17th August 2016</td>
<td>9.30am – 4.30pm</td>
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## Enrolments and Further Information

For further information or to enrol, contact the Australian Institute of Social Relations:

Email:  rto@rasa.org.au  
Web:  www.socialrelations.edu.au  
Phone:  (08) 8245 8100  
Fax:  (08) 8346 7333