



COPE Workforce Development

COPE Workforce Development is for workers who need these skills as part of their work or community contribution. Mainly focused for the Community and Health services sector, these courses are also applicable for other sectors or volunteer situations. Courses can be tailored to your needs and run at a venue of your choice. Please get in touch to discuss.



Responding To Suicide Risk

2 Days

Suicide is a prominent public health concern and is costly to communities, both economically and socially. In this workshop you will explore the dynamics surrounding the intrapersonal crisis of suicide and learn how to effectively respond.

Cost: \$300 (Group Discount \$250 each)

Dates: 11 March & 12 March 2015
RTS1503

20 May & 21 May 2015
RTS1505

Managing Conflict in the Workplace

1 Day

Conflict is a part of everyday life, at work and in our private lives. Learn conflict resolution techniques and communication skills to manage and minimise conflicts.

Cost: \$185.00 (Group Discount \$150 each)

Dates: 23 February 2015
MCIW1502

29 April 2015
MCIW1504

The Role of Advocacy

1 Day

This course will explore the concept of advocacy and the skills needed to be an effective advocate for clients.

Cost: \$185.00 (Group Discount \$150 each)

Dates: 23 March 2015
TROA1503

28 May 2015
TROA1505

Course Information 2015

Courses are held at:

Australian Institute of Social Relations,
49a Orsmond Street, Hindmarsh (See map below)

Group discounts apply for 6 or more people from same organisation and groups must enrol at the same time for each course.

All courses begin at 9.30am and conclude at 4.30pm unless otherwise stated.

Register and pay for courses by contacting:
Australian Institute of Social Relations on:

 Reception (08) 8245 8100

 www.rasa.org.au/enrol-now

 enrol@rasa.org.au

We accept cash, cheques, eftpos and money order for payment of courses.

Getting There

The Australian Institute of Social Relations is just off Port Road, near the Entertainment Centre, Hindmarsh.



An introduction to Trauma Informed Care and Practice

1 Day

This course will prepare you for working with clients who have experienced significant trauma in their past and teach you the skills to promote meaningful recovery.

Cost: \$185 (Group Discount \$150 each)

Dates: 8 April 2015
AITT1504

22 June 2015
AITT1506

Accidental Counsellor

2 Days

You're not a counsellor, but you find yourself counselling by accident in your role. Need a hand? In two days you will learn practical skills to manage the needs of your clients and appropriate referrals.

Cost: \$300.00 (Group Discount \$250 each)

Dates: 5 February & 12 February 2015
AC1502

7 April & 14 April 2015
AC1504

Support Group: Facilitation Skills

2 Days

This two day course will explore the skills, attitudes, and ways of thinking to develop and run groups for people living with and affected by a mental health problem

Cost: \$300.00 (Group Discount \$250 each)

Dates: 12 March & 13 March 2015
SGFS1503

4 June & 5 June 2015
SGFS1506



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Use of Interpreters

1 Day

Learn how to better facilitate the use of interpreters in a mental health service setting and how to ensure clients from culturally and linguistically diverse (CALD) backgrounds receive quality services.

Cost: \$185 (Group Discount \$150 each)

Dates: 5 March 2015
UOI1503

24 June 2015
UOI1506

Supporting Clients Through Grief

1 Day

This course will explore the notion of grief and teach you how to support your clients through the grieving process without taking on the grief yourself.

Cost: \$185.00 (Group Discount \$150 each)

Dates: 16 February 2015
SCTG1502

27 April 2015
SCTG1504

AVERT Family Violence Basics Course (online)

Self Paced

Gain a practical understanding of the dimensions, dynamics and impact of family violence and how to respond.

Cost: Free

To enrol visit:
www.avertfamilyviolence.com.au/training/basic-course

Exploring Cultural Diversity

1 Day

This course will help you to provide improved services to people from diverse backgrounds by developing cultural awareness, including positive ways to resolve conflict and misunderstandings.

Cost: \$185.00 (Group Discount \$150 each)

Dates: 29 May 2015
CDCALD1505

Cultural Fitness

2 Days

This ground-breaking 2-day course will challenge non-Aboriginal people's beliefs and understanding about the longest surviving culture in the world - Aboriginal culture. This all-encompassing course challenges participants to address disadvantage by being prepared to look at their practices and be willing to change.

Cost: \$300.00 (Group Discount \$250 each)

Dates: 26 March & 27 March 2015
CF1503

4 May & 5 May 2015
CF1505

Child Safe Environments

1 Day

This 7 hour course covers the definitions and indicators of child abuse; ethical responses to a child or young person; the requirements of a child safe environment; and how to effectively report concerns to a child abuse report line.

Cost: \$75.00 (No group discount)

Dates: 4 March 2015
CSE1503

3 June 2015
CSE1506

Child Safe Environments (Refresher)

4 Hours

This three hour refresher course is offered to workers in the health and community services who are required to report suspicions of child abuse and neglect and have completed the full day course within the previous three years.

Cost: \$40.00 (No group discount)

Dates: 4 February 2015
CSE1502

6 May 2015
CSE1505

Mental Health First Aid

2 Days

This course teaches adults (18 years and over) how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.

Cost: \$300.00 (Group Discount \$250 each)

Dates: 11 February & 12 February 2015
MHFA1502

16 May & 17 May 2015
MHFA1505

10 June & 11 June 2015
MHFA1506