

COPE Workforce Development Courses May - July 2015



COPE Workforce Development

COPE Workforce Development is for workers who need these skills as part of their work or community contribution.

Mainly focused for the Community and Health services sector, these courses are also applicable for other sectors or volunteer situations.

Courses can be tailored to your needs and run at a venue of your choice. Please get in touch with the Australian Institute of Social Relations to discuss your options.

Ph: (08) 8245 8100

Mental Health First Aid

2 Days

This course teaches adults (18 years and over) how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.

Cost: \$300.00 (Group Discount \$250 each)

Dates: 25 and 26 May 2015

MHFA1505

Responding To Suicide Risk

2 Days

Suicide is a prominent public health concern and is costly to communities, both economically and socially. In this workshop you will explore the dynamics surrounding the intrapersonal crisis of suicide and learn how to effectively respond.

Cost: \$300 (Group Discount \$250 each)

Dates: 3 and 4 June 2015 RTS1506

The Role of **Advocacy**

1 Day

This course will explore the concept of advocacy and the skills needed to be an effective advocate for clients.

Cost: \$185.00 (Group Discount \$150 each)

Dates: 29 June 2015 TROA1506

Support Group: Facilitation Skills

2 Days

This two day course will explore the skills, attitudes, and ways of thinking to develop and run groups for people living with and affected by a mental health problem.

Cost: \$300.00 (Group Discount \$250 each)

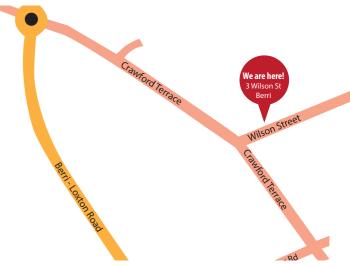
Dates: 6 and 7 July 2015 SGFS1507

Course Information Berri - 2015

Courses are held at:

Aboriginal Sobriety Group Inc.

3 Wilson Street, Berri SA 5343



Group discounts apply for 6 or more people from same organisation and groups must enrol at the same time for each course.

All courses begin at 9.30am and conclude at 4.30pm unless otherwise stated. Register and pay for courses by contacting: Australian Institute of Social Relations on:



Reception (08) 8245 8100



www.rasa.org.au/enrol-now



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We accept cash, cheques, eftpos and money order for payment of courses.