

Reflective Parenting Conversations for Frontline Workers - 2 days

This training is designed to support families, parents and children who have experienced crisis and trauma. The focus is on supporting parents and carers to parent therapeutically, using a psycho-educational approach. Workers attending this training will gain the skills, knowledge and confidence to guide reflective parenting conversations around the kitchen table. All attendees will receive a copy of the Reflective Parenting Conversations Handbook.



Responding to Suicide Risk - 1 day

Learn about the 'why' of suicide, warning signs, risk factors, effective engagement, resilience building, and protective factors for our communities. Know how to reach out effectively and confidently to intervene in a suicidal crisis. Suitable for workers in any profession.



Trauma Informed Practice for Frontline Workers - 1 day

This introductory course explores childhood trauma, its impact on attachment; links between early trauma and potential impacts for adult survivors; trauma triggers and effective responses; and practices that support understanding and recovery of survivors.

Working Therapeutically with Men Who Perpetrate Violence - 1 day

Engaging men who use violence about the consequences of their actions helps to avert further harm. In a counselling context, this training will cover the factors that promote behaviour change in men who abuse; how to support the process of accepting responsibility; and how to assist men to seek help.

Online Learning Available Anytime

Visit www.socialrelations.edu.au/online-learning

AVERT Family Violence Online Basics is an introduction to the historical and legal contexts of family violence. Duration: 8 hours | FREE

AVERT Family Violence Screening and Safety Planning provides skills to detect risks early and conduct effective safety planning. Duration: 3 hours | FREE

AVERT Responding to Perpetrators offers a practical framework and strategies for engaging and responding to perpetrators of violence. Duration: 3 hours | Fee: \$55.00 incl GST

Family Law DOORS: Screening & Risk Framework Online (McIntosh & Ralfs 2011) is a three-part framework that assists separating partners and family law professionals to detect and respond to wellbeing and safety risks. Duration: 8 hours | Fee: \$275.00 incl. GST

Child Focused Practice Online offers knowledge and skills to respond to children and their families effectively and appropriately. Duration: 7.5 hours | FREE

Blood Borne Viruses Online: An Orientation is suitable for anyone working to support people living with viral hepatitis and/or HIV. Duration: 8 hours | FREE

To apply for Continuing Professional Development (CPD) points please contact your relevant professional body.



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TRAINING

*Optional formal assessments are available for courses where this logo appears.

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Feedback

We love receiving feedback like these student testimonials. You are always welcome to send us an email or phone in with your own feedback about your experience with us.

“The course exceeded my expectations. The amount of information received was excellent and the face-to-face content broadened my world perspective”
Student, 2016

“Happy, safe environment for positive learning. The AISR met my individual learning style needs.”
Student, 2016

Face to Face Course Calendar

August

Child Safe Environments - 1 day, Thursday 10 August | 9.30am - 4.30pm | Fee: \$75 incl GST | Code: CSE1708

September

Cultural Fitness - 2 days, Tuesday 12 & Wednesday 13 September | 9.30am - 4.30pm | Fee: \$350 incl GST | Code: CF1709

Reflective Parenting Conversations for Frontline Workers
2 days, Tuesday 19 & Wednesday 20 September | 9.30am - 4.30pm | Fee: \$350 incl GST | Code: RPCFW1709

Child Safe Environments Refresher - 4 hours, Tuesday 19 September, 9.30am - 1.30pm | Fee: \$40 incl GST | Code: CSER1709

October

Keep People Engaged: Designing and Delivering Meaningful Group Activities - 2 days, Monday 16 & Tuesday 17 October, 9.30am - 4.30pm | Fee: \$350 incl GST | Code: KPE1710

Mental Health First Aid - 2 Days, Wednesday 18 & Thursday 19 October | 9.30am - 4.30pm | Fee: \$350 incl. GST | Code: MHFA1710

Trauma Informed Practice for Frontline Workers - 1 day, Wednesday 25 October | 9.30am - 4.30pm | Fee: \$185 incl GST | Code: TIP1710

November

Responding to Suicide Risk - 1 day, Wednesday 1 November | 9.30am - 4.30pm | Fee: \$185 incl GST | Code: RTSR1711

Mental Health First Aid for the Suicidal Person - 4 hours, Tuesday 14 November | 9.30am - 1.30pm | Fee: \$55 incl. GST | Code: MHFASP1711

Working Therapeutically with Men Who Perpetrate Violence
1 day, Friday 24 November | 9.30am - 4.30pm | Fee: \$185 incl GST | Code: WTM1711

Child Safe Environments - 1 day, Thursday 30 November | 9.30am - 4.30pm | Fee: \$75 incl GST | Code: CSE1711

Read About Our Face to Face Courses



Child Safe Environments - 1 day

This workshop is for those working in health and community services who are required to report suspicions of child abuse and neglect.

Child Safe Environments - Refresher (4 hours)

This refresher workshop is for workers in health and community services who are required to report suspicions of child abuse and neglect. It is suitable for anyone that has completed the full course within the last three years.

Cultural Fitness - 2 days

Non-Indigenous Australians are encouraged to learn about the impact European invasion has had on Australian Aboriginal and Torres Strait Islander Peoples. This workshop challenges notions of white privilege and unpacks contemporary racism, providing insight into culturally safe workplaces. Our program supports participants with practical steps that enable positive cultural change. This course can be tailored for specific groups and organisations.



Keep People Engaged: Designing and Delivering Meaningful Group Activities - 2 days

Develop a greater understanding of your role as a facilitator and/or group leader and discover strategies to deliver purposeful and well-planned group programs. Learn to apply the experiential learning cycle and make a difference in group work.



Mental Health First Aid - 2 days

This internationally recognised course provides a basic understanding of mental health problems affecting Australians today and appropriate response strategies. The Certificate of Attendance is a valued addition to your resume. Suitable for workers in any profession.

Mental Health First Aid for the Suicidal Person - 4 hours

Learn the three steps - Ask, Keep Safe, Connect - to prevent suicide. Mental Health First Aid Certificate is not a pre-requisite. Certificate of Attendance awarded on completion.