



Grief and Mediation Partings

Partings. The application of grief theory and models of grief in mediation

"We die many deaths while we live; the last one is not the most bitter one."

(Karl Heinrich Waggerl, Austrian writer)

According to an academic definition, grief is the sum of the "psychological reactions that can occur after the loss of a close human being by his or her death." Therefore, psychological and psychotherapeutic research has mainly concerned itself with grief and loss experiences as a result of death.

But there are a great many of biographical events that can lead to loss experiences, can cause grief without being linked to an actual death: the separation from a partner, the end of a marriage, the loss of friends due to a move, children leaving their parental home.

Grief models can help to capture these specific experiences in order to work with them methodically in mediation. Looking at a separation, a job-related conflict or a significant change in professional life from a perspective of mourning opens up completely new angles and allows for new narrative patterns. Taking grief into the equation may even influence mediation methodology itself.

Participants in this seminar will learn about different grief theories and grief models and will put the application of these models for non-death-related experiences in mediation to the test.

Lecturers:

Daniela Musiol, lawyer, mediator, social worker, former member of the Austrian Parliament (Green Party), consultant focusing on family, inheritance, team and organizational mediation as well as supervision and coaching. She specialises in role development, processes of public participation, death and grief in the workplace and other sad affairs.

Thomas Geldmacher, political scientist, historian, mediator. He specialises in project development, strategy and brand development in politics, family mediation, mediation in the arts, death and grief in the workplace and other sad affairs.

When: Friday, 2 March 2018, 9.30am – 12.30pm

Where: Australian Institute of Social Relations
49a Orsmond Street, Hindmarsh

Cost: \$100 pp

Bookings: <http://bit.ly/2hNb16L>

Limited spaces available so book soon to avoid disappointment.