



How To Get The Best From Your Supervision

Presented by Sally Watson

Ever Wondered If The Supervision You Are Receiving Is As Good As It Could Be?
Or If You Are Getting Everything From It That You Could?

Through this course, learn how to take charge of your supervision to make it work for you. Reflective supervision will help you to provide your best services to clients, to keep learning and growing throughout your career and to stay energised and excited about your work. Reflective supervision works best when you know how to make the most of every session.

You will learn what quality reflective supervision looks like. Additionally, we will take you through;

- What you deserve from supervision
- Negotiating an individual agreement with your supervisor
- How to choose the pieces of work to put on your agenda
- Being clear about the kind of help you are looking for
- How to make each session productive and inspiring
- Giving your supervisor feedback on how sessions are working for you.

Presented by Sally Watson, an accredited Mental Health Social Worker with over 30 years' experience as a Supervisor and Trainer, she will guide you through this interactive and thoroughly enjoyable day. You will have the opportunity to learn from others, develop a very practical approach to your supervision and do so in a safe, reflective learning environment.

When: Thursday, 4 July 2019 | 9.30am – 4.30pm

Venue: Australian Institute of Social Relations, 49a Orsmond Street SA 5007

Enrol: <https://bit.ly/2AMwS8S>

Cost: Full fee \$210 | Concession \$180

About the Presenter: Sally has practiced as a social worker for over 30 years in a variety of settings - statutory child protection, community health, hospitals, child and adolescent mental health, infant mental health and alternative care.

Sally currently works in the Public System in a Therapeutic Infant Reunification Service and privately as a Accredited Mental Health Social Worker, Supervisor and Trainer. Sally is very committed to quality supervision. As a member of the South Australian AASW Branch CPD committee, she has consistently promoted the importance of supervision in practice, advocated with organisations, and explored ways the AASW can support organisations to promote reflective supervision.

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