



## CHCSS00103 Mental Health Peer Work Skill Set

This course is delivered in Adelaide only.

### Overview

The CHCSS00103 Mental Health Peer Work Skill Set is designed for peer workers entering work that provides mental and wellbeing support. Participants will receive training and support to develop personal awareness as well as social and community knowledge associated with the unique role of the peer worker. It specifically responds to the needs of people with lived experience currently working either in a paid or unpaid capacity. This includes carer peer work roles and community service workers within the mental health sector and/or other sectors in government, private or community managed services.

This training aims to provide participants with the skills and knowledge to:

- Understand the role of lived experience in peer work within an organisational setting
- Work legally and ethically as a peer worker in an organisational setting

### Work Placement Requirements

80 hours of work placement is required for the completion of CHCSS00103 Mental Health Peer Work Skill Set.

### Entry Requirements

Learners in this program must have a lived experience of mental health either as direct personal experience or as a carer of someone with mental health lived experience.

### Language, Literacy and Numeracy (LLN) Assessment

Learners are required to submit and present all assessments in English. Additional language supports will be provided as required.

### Employment Opportunities

Community services sector roles include:

- Peer Support worker
- Consumer Voice speaker
- Community Advocate/Educator (voluntary or paid)

The number of Welfare Support Workers grew moderately over the past 5 years and is expected to grow very strongly over the next 5 years: from 46,700 in 2018 to 52,100 by 2023 (Source: [Job Outlook, Australian Government](#)).

### Tuition Fee

Free

### Duration

8 weeks followed by 80 hours work placement (to be negotiated with the Australian Institute of Social Relations depending on the personal work context)

### Delivery Mode

Blended learning – Online and compulsory classroom sessions



## Study Requirements

This program is delivered over 8 weeks and has four (4) face to face classroom contact days - equivalent to approximately 5 to 10 hours of study per week.

Learners will also be required to undertake self-directed learning outside of classroom delivery and will be required to provide evidence of participation and completion of online activities and assessments.

## Course Overview

Dates	Topic	Unit of competency
23 Jan – 5 Feb 2021	Introduction to Peer Work	CHCPWK001 Apply peer work practices in mental health peer work
23 Jan 2021	<b>Classroom training</b>	<b>9am to 5pm</b>
29 Jan 2021	<b>Online tutorial</b>	<b>10am to 12pm</b>
6 Feb – 19 Feb 2021	Work legally and ethically	CHCLEG001 Work legally and ethically
6 Feb 2021	<b>Classroom training</b>	<b>9am to 5pm</b>
12 Feb 2021	<b>Online tutorial</b>	<b>10am to 12pm</b>
20 Feb – 5 Mar 2021	Apply lived experience in mental health peer work	CHCPWK003 Apply lived experience in peer work practice
20 Feb 2021	<b>Classroom training</b>	<b>9am to 5pm</b>
26 Feb 2021	<b>Online tutorial</b>	<b>10am to 12pm</b>
6 Mar – 20 Mar 2021	Frontline responses	BSBCMM411 Make presentations
6 Mar 2021	<b>Classroom training</b>	<b>9am to 5pm</b>
12 Mar 2021	<b>Online tutorial</b>	<b>10am to 12pm</b>
20 Mar 2021	Presentation	All assessments and presentations complete
To be negotiated	Work placement	80 hours work placement

## Prior Recognition of Learning (RPL)

You may be eligible for recognition of prior learning (RPL) for this qualification. Please see our website for more details.

## Qualification Pathways

Certificate IV or Diploma level, such as the Certificate IV in Mental Health Peer Work.

## Enquiries

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## Enrolments

[www.socialrelations.edu.au](http://www.socialrelations.edu.au)