

## FEBRUARY

### ★ Safe Environments for Children and Young People

When: Monday, 22 February | 9.30am – 4.30pm  
Cost: \$75

### Youth Mental Health First Aid

When: Tuesday, 23 and Wednesday, 24 February | 9.30am – 4.30pm  
Cost: Full Fee \$225 | Concession \$185

## MARCH

### ★ Recognising and Responding to Developmental Delays in Children

When: Tuesday, 2 March | 9.30am – 1.00pm  
Cost: \$175

### ★ Conversations at the Kitchen Table

When: Thursday, 4 and Friday, 5 March | 9.30am – 4.30pm  
Cost: \$370

### Accidental Counsellor

When: Thursday, 11 March | 9.00am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### ★ Beyond Theory: Responding to Children and Parents Who Have Experienced Trauma

When: Tuesday 16 March | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### Safe Environments for Children and Young People Refresher

When: Friday, 19 March | 9.30am – 1.00pm  
Cost: \$40

## APRIL

### ★ Working with Interpreters

When: Monday, 12 April | 9.30am – 11.30am  
Cost: Free

### Introducing Marte Meo

When: Thursday, 8 April | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### Responding to Suicide Risk

When: Tuesday, 27 April | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

★ Courses listed with a star are free for Specialist Homelessness Services & Family and Domestic Violence sector workers

## Course Descriptions

### Safe Environments for Children and Young People | 1 day

Learn how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect in this one-day workshop. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

### Safe Environments for Children and Young People Refresher | 1/2 day

Refresh your knowledge about how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect in this half day workshop. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed as a refresher for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

### Youth Mental Health First Aid | 2 days

Learn over two days how to assist an adolescent experiencing a mental health problem or mental health crisis by using a practical, evidence-based action plan to support them until appropriate professional help is received or the crisis resolves. All youth mental health first aid course participants receive a Youth Mental Health Training Manual.

### Recognising and Responding to Developmental Delays in Children | 1/2 day

This half-day course equips professionals working with children and caregivers with a range of skills to recognise and communicate child development concerns and assist families to access targeted support for their little ones. Learn how to let parents or caregivers know what they can do to support their child, in a timely and respectful way, when you notice developmental delays.

### Accidental Counsellor | 1 day

Accidental counsellor is a full-day course that provides practical skills for when you are 'being a counsellor'. Learn how to step into the shoes of a counsellor and support others when they are angry, distressed or experiencing a challenging time. This training is suitable for all professions, especially those in a service delivery role.

### Beyond Theory: Responding to Children and Parents Who Have Experienced Trauma | 1 day

This workshop is an opportunity to put theory-into-practice when undertaking trauma-informed work, by using practical examples, case studies and roleplays about responding to children and parents who have experienced trauma.

This full-day training is designed for frontline workers in the family and domestic violence and homelessness sectors.

### Working with Interpreters | 1/2 day

Learn practical information about how to engage with interpreters effectively when providing services to people from Culturally and Linguistically Diverse (CALD) backgrounds and develop ways to increase support and access for your clients.

## MAY

### ★ Child Focused Supervision on the Run – a Time Efficient Framework for Teams

When: Tuesday, 4 May | 9.30am – 1.00pm  
Cost: \$175

### Supervision: Developing Your Reflective Practice

When: Thursday, 13 May | 9.30am – 4.30pm  
Cost: Full Fee \$210 | Concession \$180

### ★ Working Better with Nunga Kids

When: Tuesday, 18 May | 9.30am – 4.30pm  
Cost: \$185

### Safe Environments for Children and Young People

When: Friday, 28 May | 9.30am – 4.30pm  
Cost: \$75

## JUNE

### Family Group Conferencing Coordinator Training

When: Monday, 7 to Thursday, 9 June | 9.30am – 4.30pm  
Cost: \$500

### ★ The Garden: Train the Facilitator Therapeutic Program

When: Thursday, 17 and Friday, 18 June | 9.30am – 4.30pm  
Cost: Full Fee \$370 | Concession \$320

### ★ Safe Environments for Children and Young People Refresher

When: Tuesday, 29 June | 9.30am – 12.30pm  
Cost: \$40

## JULY

### Mental Health First Aid

When: Wednesday, 21 July and Thursday, 22 July | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### Introducing Marte Meo

When: Thursday, 29 July | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### Marte Meo Supportive Communication Skills

When: 8 April or 29 July Day 1 intro - then 12 Aug, 23 Sep, 4 Nov, 18 Nov and 9 Dec | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

## AUGUST

### ★ Child Focused Supervision on the Run – a Time Efficient Framework for Teams

When: Wednesday, 18 August | 9.30am – 1.00pm  
Cost: \$175

### The Garden: Train the Facilitator Therapeutic Program

When: Thursday, 19 and Friday 20 August | 9.30am – 4.30pm  
Cost: Full Fee \$370 | Concession \$320

### Safe Environments for Children and Young People

When: Tuesday, 31 August | 9.30am – 4.30pm  
Cost: \$75

## SEPTEMBER

### Working Therapeutically with Men Who Perpetrate Violence

When: Thursday, 23 September | 9.30am – 4.30pm  
Cost: \$185

### ★ Narrative Approaches to Responding to Families and Young People in Crisis

When: Tuesday, 14 September | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### Safe Environments for Children and Young People Refresher

When: Thursday, 30 September | 9.30am – 12.30pm  
Cost: \$40

## OCTOBER

### Youth Mental Health First Aid

When: Tuesday, 12 and Wednesday, 13 October | 9.30am – 4.30pm  
Cost: Full Fee \$225 | Concession \$185

### Working Better with Nunga Kids

When: Wednesday, 20 October | 9.30am – 4.30pm  
Cost: \$185

### ★ Conversations at the Kitchen Table

When: Thursday, 21 and Friday, 22 October | 9.30am – 4.30pm  
Cost: \$370

## NOVEMBER

### Accidental Counsellor

When: Tuesday, 16 November | 9.30am – 4.30pm  
Cost: Full Fee \$185 | Concession \$150

### Safe Environments for Children and Young People

When: Thursday, 25 November | 9.30am – 4.30pm  
Cost: \$75

### Introducing Marte Meo | 1 day

Learn the foundational concepts of Marte Meo, a practical approach that supports child development by building relationships through everyday communication. This course introduces concepts used around the world by early childhood educators, social workers, paediatricians and nurses. It is the first step towards achieving International Accreditation as a Marte Meo Practitioner.

### Conversations at the Kitchen Table | 2 days

Build your skills in the art of talking to parents to support children to heal from trauma by exploring seven reflective parenting conversations over two days. Learn how to have conversations with parents or carers that enable them to focus on the child, build connection and intentionally help them to heal. All participants receive a Conversations at the Kitchen Table handbook for guidance and easy reference.

### Responding to Suicide Risk | 1 day

Build your knowledge, over a full day, on how to effectively and confidently reach out to intervene in a suicidal crisis.

Learn current approaches to suicide prevention, warning signs, risk assessment and management of clients who present with suicidality. Responding to suicide risk training is suitable for workers in any profession

### Child Focused Supervision on the Run – a Time Efficient Framework for Teams | 1/2 day

In a busy child focussed workplace, time reserved for supervision can be unintentionally eroded. Finding time for supervision is important for team wellbeing, information sharing and professional development. In this course, learn to implement a time-efficient supervision framework for teams. It is highly relevant for team leaders and managers seeking more group and interactive supervision.

### Supervision: Developing Your Reflective Practice | 1 day

Explore what it means to be a reflective practitioner who provides quality practice supervision that helps workers manage demanding and complex client concerns. This interactive full-day workshop provides concrete skills and practical ideas to structure supervision sessions and ensure supervision remains respectful yet challenging.

### Working Better with Nunga Kids | 1 day

Working better with Nunga kids instils a deeper understanding of how to adapt your thinking and better support Aboriginal (Nunga) children. It will help build your confidence and understanding of how to support Aboriginal children and make a positive difference to families.

This full day course was developed by Aboriginal workers. Facilitators share their knowledge and skills to help you develop a culturally appropriate approach to working with Aboriginal children.

### Family Group Conferencing Coordinator Training | 4 days

Learn how to facilitate Family Group Conferencing for families where concerns have been raised for the wellbeing and safety of a child or young person. This training teaches coordinators a strengths-based and inclusive approach, assisting families to develop an agreement on how to provide safe, permanent and stable care arrangements for their child or young person.

This four-day professional development course is a pre-requisite to be considered for opportunities as a coordinator through the state-wide Ngartuitya Family Group Conferencing Service.

### The Garden: Train the Facilitator Therapeutic Program | 2 days

Join 'The Garden Group Program' as a facilitator by learning to successfully run these intentional therapeutic child-led programs. The program uses themes and activities to explore the natural environment through art, shared sensory activities, movement, play, relaxation and reflective opportunities. This facilitator training is suitable for professionals working therapeutically with children and caregivers.

### Mental Health First Aid | 2 days

Mental Health First Aid is practical and hands-on training, like a first aid course, and is delivered by Accredited MHFA Instructors.

You will learn about mental health issues and problems that people face in everyday life, identify signs and symptoms that suggest a person is developing a mental illness and learn how to provide initial support for a person experiencing a mental health crisis

### Introducing Marte Meo | 1 day

Learn the foundational concepts of Marte Meo, a practical approach that supports child development by building relationships through everyday communication. This course introduces concepts used around the world by early childhood educators, social workers, paediatricians and nurses. It is the first step towards achieving International Accreditation as a Marte Meo Practitioner

### Marte Meo Supportive Communication Skills | 6 days

Gain International Accreditation as a Marte Meo Practitioner by completing this supportive communication skills training.

You will learn skills that include: following, leading and supporting co-operation, making emotional connections, activating development, reading developmental messages behind behaviour, and recognising how to use these skills in daily interactions. This training follows completion of the pre-requisite 'Introduction to Marte Meo' course.

### Working Therapeutically with Men Who Perpetrate Violence | 1 day

Learn how to respond to men who perpetrate violence and, as a result, contribute towards greater community safety.

Qualified facilitators can help avert further harm by educating abusive men about the consequences of their actions. This training covers: the factors that promote behaviour change in men who abuse, how to support the process of accepting responsibility, and how to assist men to seek help.

### Narrative Approaches to Responding to Families and Young People in Crisis | 1 day

Narrative Therapy is a respectful, engaging and creative way to work with young people and families. In this interactive workshop, explore the concepts behind narrative therapy, harness opportunities to practice with other students, and discuss narrative skills and techniques. Learn how to support young people and their families to reclaim authorship of their own lives in the face of vulnerability.

Enrol for training at [www.socialrelations.edu.au/workforce-development](http://www.socialrelations.edu.au/workforce-development) or call us on 08 8245 8100