

Welcome to the Institute

Quality Learning

- A history spanning over 20 years as the training division of Relationships Australia SA and a Registered Training Organisation (RTO) since 2004.
- Local, interstate and national courses available.
- Nationally Accredited courses and workforce development training.
- Specialising in developing and providing targeted and tailored learning packages for government and non-government organisations.

Meaningful Work

- Providing tailored training to the specific needs of health, community services, family law and other human service sectors.
- Supporting continued training and education of social work, psychology, nursing, and occupational therapy professionals, medical practitioners and legal practitioners.
- Conducting training at national, state, sector-specific and organisational levels to help enable service re-orientation.
- Volunteering and student placement opportunities within Relationships Australia SA and its services.

Healthy Communities

- Seek out a new profession, fulfil required professional development hours or progress in your current career.
- Help provide high quality services to vulnerable and disadvantaged groups.
- More than just education, learn from those working in the field and with lived-experience.
- Make real change for you and your community.

Australian
INSTITUTE of
SOCIAL RELATIONS™

2023 EDUCATION & TRAINING CALENDAR

Short Courses | Professional Development

Values

The Australian Institute of Social Relations is the training division of Relationships Australia SA.

Our values are:

Diversity | Respect | Belonging | Learning



Get in Touch to Discuss Your Training Needs Today

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Course Descriptions

Safe Environments for Children and Young People | 1 day

Learn how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect in this one-day workshop. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

Safe Environments for Children and Young People Refresher | 1/2 day

Refresh your knowledge about how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect in this half day workshop. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed as a refresher for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

Accidental Counsellor | 1 day

Accidental counsellor is a full-day course that provides practical skills for when you are 'being a counsellor'. Learn how to step into the shoes of a counsellor and support others when they are angry, distressed or experiencing a challenging time. This training is suitable for all professions, especially those in a service delivery role.

Working with Interpreters | 1/2 day

Learn practical information about how to engage with interpreters effectively when providing services to people from Culturally and Linguistically Diverse (CALD) backgrounds and develop ways to increase support and access for your clients.

Conversations at the Kitchen Table | 2 days

Build your skills in the art of talking to parents to support children to heal from trauma by exploring seven reflective parenting conversations over two days. Learn how to have conversations with parents or carers that enable them to focus on the child, build connection and intentionally help them to heal. All participants receive a Conversations at the Kitchen Table handbook for guidance and easy reference.

Responding to Suicide Risk | 1 day

Build your knowledge, over a full day, on how to effectively and confidently reach out to intervene in a suicidal crisis. Learn current approaches to suicide prevention, warning signs, risk assessment and management of clients who present with suicidality. Responding to suicide risk training is suitable for workers in any profession

Child Focused Supervision | 1/2 day

Supervision is a reflective space to support your team's wellbeing and guide practice. This training provides time to focus on the significance of supervision and how it can happen within your team.

Child Focused Supervision is relevant for Team Leaders and Managers providing or wanting to provide more group and dyadic (1 to 1) supervision for your team.

Supervision: Developing Your Reflective Practice | 1 day

Explore what it means to be a reflective practitioner who provides quality practice supervision that helps workers manage demanding and complex client concerns. This interactive full-day workshop provides concrete skills and practical ideas to structure supervision sessions and ensure supervision remains respectful yet challenging.

Working Better with Nunga Kids | 1 day

Working better with Nunga kids instils a deeper understanding of how to adapt your thinking and better support Aboriginal (Nunga) children. It will help build your confidence and understanding of how to support Aboriginal children and make a positive difference to families.

This full day course was developed by Aboriginal workers. Facilitators share their knowledge and skills to help you develop a culturally appropriate approach to working with Aboriginal children.

Family Group Conferencing Coordinator Training | 3.5 days

Learn how to facilitate Family Group Conferencing for families where concerns have been raised for the wellbeing and safety of a child or young person. This training teaches coordinators a strengths-based and inclusive approach, assisting families to develop an agreement on how to provide safe, permanent and stable care arrangements for their child or young person.

This three and a half day professional development course is a pre-requisite to be considered for opportunities as a coordinator through the state-wide Ngartuitya Family Group Conferencing Service. This training is a combination of 3 hours self-paced online learning (pre-requisite) and 3 days of face-to-face classroom learning.

At the conclusion of the face-to-face training, students can choose to be formally assessed and awarded with two units of competency upon successful completion. An additional charge of \$300 will apply for registration and assessment.

The Garden: Train the Facilitator Therapeutic Program | 2 days

Join 'The Garden Group Program' as a facilitator by learning to successfully run these intentional therapeutic child-led programs. The program uses themes and activities to explore the natural environment through art, shared sensory activities, movement, play, relaxation and reflective opportunities. This facilitator training is suitable for professionals working therapeutically with children and caregivers.

Mental Health First Aid | 2 days

Mental Health First Aid is practical and hands-on training, like a first aid course, and is delivered by Accredited MHFA Instructors.

You will learn about mental health issues and problems that people face in everyday life, identify signs and symptoms that suggest a person is developing a mental illness and learn how to provide initial support for a person experiencing a mental health crisis.

Introducing Marte Meo | 1 day

Learn the foundational concepts of Marte Meo, a practical approach that supports child development by building relationships through everyday communication. This course introduces concepts used around the world by early childhood educators, social workers, paediatricians and nurses. It is the first step towards achieving International Accreditation as a Marte Meo Practitioner.

Marte Meo Supportive Communication Skills | 6 days

Established in over 40 countries, Marte Meo is valued because it helps to reduce aggression and improves relationships with family. This training is for anyone with a role about understanding children's development. It is particularly suited to people from the child and family sectors, as well as early childhood education, disability, and aged care. This training follows completion of the pre-requisite 'Introduction to Marte Meo' course.

You will learn skills that include: following, leading and supporting co-operation, making emotional connections, activating development, reading developmental messages behind behaviour, and recognising how to use these skills in daily interactions.

Please note: this training is a prerequisite to continue studying to become an internationally qualified Marte Meo Therapist. To apply for International Accreditation training as a Marte Meo Practitioner, participants are required to attend all six days of Supportive Communication Skills training.

Working Therapeutically with Men Who Perpetrate Violence | 1 day

Learn how to respond to men who perpetrate violence and, as a result, contribute towards greater community safety.

Qualified facilitators can help avert further harm by educating abusive men about the consequences of their actions. This training covers: the factors that promote behaviour change in men who abuse, how to support the process of accepting responsibility, and how to assist men to seek help.

Narrative Approaches to Responding to Families and Young People in Crisis | 1 day

Narrative Therapy is a respectful, engaging and creative way to work with young people and families. In this interactive workshop, explore the concepts behind narrative therapy, harness opportunities to practice with other students, and discuss narrative skills and techniques. Learn how to support young people and their families to reclaim authorship of their own lives in the face of vulnerability.

FEBRUARY

Introducing Marte Meo

When: Thursday, 16 February | 9.30am – 4.30pm
Cost: Full Fee \$185 | Concession \$150
Enrol: <https://bit.ly/3NEg7AG>

Safe Environments for Children and Young People

When: Monday, 20 February | 9.30am – 4.30pm
Cost: \$75
Enrol: <https://bit.ly/3TcTt3D>

Marte Meo Supportive Communication Skills | 6 days

When: Thursday 23 February Day 1 intro - then 30 Mar, 18 May, 29 Jun, 27 Jul and 14 Sep | 10.00am – 4.00pm
Cost: Full Fee \$750
Enrol: <https://bit.ly/3Ub6fkx>

MARCH

★ Recognising and Responding to Developmental Delays in Children

When: Tuesday, 7 March | 9.30am – 1.00pm
Cost: \$175
Enrol: <https://bit.ly/3t3rXed> | SHS/FDV workers: <https://bit.ly/3E5TvWD>

Safe Environments for Children and Young People Refresher

When: Friday, 10 March | 9.30am – 1.00pm
Cost: \$40
Enrol: <https://bit.ly/3t4BJNi>

APRIL

Family Group Conferencing Coordinator Training | 3.5 days

When: Online 3 hours pre-requisite, then Tuesday 4, Wednesday 5, & Thursday, 6 April | 9.30am – 4.30pm
Cost: \$500
Enrol: <https://bit.ly/3AcOzin>

Accidental Counsellor

When: Wednesday, 12 April | 9.30am – 4.30pm
Cost: Full Fee \$185 | Concession \$150
Enrol: <https://bit.ly/3h66KgY>

★ Conversations at the Kitchen Table | 2 days

When: Thursday, 20 & Friday, 21 April | 9.30am – 4.30pm
Cost: Full Fee \$370
Enrol: <https://bit.ly/3U8VqPO> | SHS/FDV workers: <https://bit.ly/3Wyd15o>



Courses listed with a star are FREE for Specialist Homelessness Services & Family and Domestic Violence sector workers. Use the SHS/FDV workers link to enrol.

MAY

Supervision: Developing Your Reflective Practice

When: Thursday, 11 May | 9.30am – 4.30pm
Cost: Full Fee \$210 | Concession \$180
Enrol: <https://bit.ly/3T6QrOh>

★ Working Better with Nunga Kids

When: Tuesday, 16 May | 9.30am – 5.00pm
Cost: \$185
Enrol: <https://bit.ly/3DyCVxe> | SHS/FDV workers: <https://bit.ly/3UxYHbs>

★ Child Focused Supervision

When: Wednesday, 17 May | 9.30am – 1.00pm
Cost: \$175
Enrol: <https://bit.ly/3zO8vps> | SHS/FDV workers: <https://bit.ly/3hi93xu>

Safe Environments for Children and Young People

When: Friday, 26 May | 9.30am – 4.30pm
Cost: \$75
Enrol: <https://bit.ly/3NIZ8xo>

Working Effectively with Interpreters

When: Tuesday, 30 May | 9.30am – 12.30pm
Cost: FREE
Enrol: <https://bit.ly/3Uq6l7s>

JUNE

Responding to Suicide Risk

When: Friday, 2 June | 9.30am – 4.30pm
Cost: Full Fee \$185 | Concession \$150
Enrol: <https://bit.ly/3zRtOlS>

★ The Garden: Train the Facilitator Therapeutic Program | 2 days

When: Monday, 5 & Tuesday, 6 June | Day 1 - 1.00pm – 4.30pm, Day 2 - 9.30am – 4.30pm
Cost: Full Fee \$370 | Concession \$320
Enrol: <https://bit.ly/3hhQt8F> | SHS/FDV workers: <https://bit.ly/3WuX6Vz>

Safe Environments for Children and Young People Refresher

When: Tuesday, 27 June | 9.30am – 12.30pm
Cost: \$40
Enrol: <https://bit.ly/3TqbMF>

JULY

Mental Health First Aid

When: Thursday, 13 & Friday, 14 July | 9.30am – 4.30pm
Cost: Full Fee \$330 | Concession \$275
Enrol: <https://bit.ly/3E87E5W>

AUGUST

Family Group Conferencing Coordinator Training | 3.5 days

When: Online 3 hours pre-requisite, then Tuesday, 15, Wednesday 16 and Thursday 17 August | 9.30am – 4.30pm
Cost: \$500
Enrol: <https://bit.ly/3WAPkcj>

Safe Environments for Children and Young People

When: Tuesday, 29 August | 9.30am – 4.30pm
Cost: \$75
Enrol: <https://bit.ly/3DBx6PA>

SEPTEMBER

Narrative Approaches to Responding to Families and Young People in Crisis

When: Tuesday, 5 September | 9.30am – 4.30pm
Cost: Full Fee: \$185 | Concession \$150
Enrol: <https://bit.ly/3t4B9is>

Working Therapeutically with Men who Perpetrate Violence

When: Thursday, 7 September | 9.30am – 4.30pm
Cost: Full Fee \$185
Enrol: <https://bit.ly/3T5RkXj>

Supervision: Developing your Reflective Practice

When: Wednesday, 27 September | 9.30am – 4.30pm
Cost: Full Fee \$210 | Concession \$180
Enrol: <https://bit.ly/3NDCQgc>

Safe Environments for Children and Young People Refresher

When: Thursday, 28 September | 9.30am – 12.30pm
Cost: \$40
Enrol: <https://bit.ly/3DGZIOa>

OCTOBER

★ Working Better with Nunga Kids

When: Tuesday, 10 October | 9.30am – 5.00pm
Cost: \$185
Enrol: <https://bit.ly/3fCp80L> | SHS/FDV workers: <https://bit.ly/3TjjQVO>

★ The Garden: Train the Facilitator Therapeutic Program | 2 days

When: Tuesday, 17 and Wednesday, 18 October | Day 1: 1.00pm – 4.30pm | Day 2: 9.30am – 4.30pm
Cost: Full Fee \$370 | Concession \$320
Enrol: <https://bit.ly/3E3OmAe> | SHS/FDV workers: <https://bit.ly/3UtiqS8>

★ Conversations at the Kitchen Table | 2 days

When: Thursday 12 and Friday, 13 October | 9.30am – 4.30pm
Cost: \$370
Enrol: <https://bit.ly/3UeZPRm> | SHS/FDV workers: <https://bit.ly/3zRIDt8>

NOVEMBER

Accidental Counsellor

When: Tuesday, 14 November | 9.30am – 4.30pm
Cost: Full Fee \$185 | Concession \$150
Enrol: <https://bit.ly/3NUAJVL>

Safe Environments for Children and Young People

When: Thursday, 23 November | 9.30am – 4.30pm
Cost: \$75
Enrol: <https://bit.ly/3t9dMnO>

Available Online Anytime

AVERT Family Violence Online Basics

Introduction to working with family violence.
Duration: 8 hours approx. | FREE

AVERT Family Violence Screening and Safety

Introduction to universal holistic screening to detect risks early, respond effectively and safety plan.
Duration: 3 hours approx. | FREE

Child Focused Practice Online

Supporting workers to respond to vulnerable children and their families. Duration: 7.5 hours approx. | FREE

Orientation to the South Australian Gambling Sector

Introduction for new entrants to this sector, or workers in other sectors seeking to learn more about this issue.
Duration: 4 hours approx. | FREE

Family DOORS Training

New skills modules | FREE
Check www.socialrelations.edu.au for updates.

Working with Aged Care Clients Who Experienced Childhood Trauma in Care

This course is an introduction to understanding the impacts of childhood trauma for people now entering aged care. It focuses on the experiences of Forgotten Australians, Stolen Generations, Former Child Migrants and people affected by forced adoption.
Duration: 3 hours approx. | Fee: FREE

AVERT Responding to Perpetrators

Engage confidently and respond effectively to perpetrators of family domestic violence.
Duration: 3 hours approx. | Fee: \$55.00 incl. GST

Family DOORS: Universal Screening Framework

A 3-part framework (McIntosh 2012) to assist helping professionals to detect and respond to wellbeing and safety risks.
Duration: 8 hours approx. | Fee: \$175.00 incl. GST

Property Law for Mediators

FDRPs or any Family Law Sector mediator seeking to upskill their property law knowledge | Fee: \$500 incl GST

Working with Seniors - Safeguarding their Independence

An introduction to working with older people in various program areas, also covering issues and support services. | Fee: \$75 incl GST

Restorative Relationships

This course is an introduction to restorative practice and building restorative relationships as part of community sector work. It discusses the intentional use of restorative approaches in the context of family work, counselling, and case management.
Duration: 3 hours approx. | Fee: \$120.00 incl. GST

To Enrol in our online courses:

www.socialrelations.edu.au/online-learning

