

## PROFESSIONAL DEVELOPMENT SHORT COURSES

Courses listed with a star are FREE for Specialist Homelessness Services & Family and Domestic Violence sector workers. Use the SHS/FDV workers link to enrol.



### SAFE ENVIRONMENTS FOR CHILDREN AND YOUNG PEOPLE

#### 1 Day

When: 9.30am – 4.30pm

Cost: \$75

Enrol: Monday, 19 Feb | <https://rb.gy/s8w3t7>  
Friday, 24 May | <https://rb.gy/u7onfl>  
Tuesday, 27 Aug | <https://rb.gy/j8tlq>  
Thursday, 21 Nov | <https://rb.gy/lwvbgv>

### SAFE ENVIRONMENTS FOR CHILDREN AND YOUNG PEOPLE REEFRESHER

#### 1/2 Day

When: 9.30am – 1.00pm

Cost: \$40

Enrol: Friday, 8 Mar | <https://rb.gy/9zs01x>  
Wednesday, 12 Jun | <https://rb.gy/r5h3j9>  
Monday, 2 Sep | <https://rb.gy/5yb7em>

### ACCIDENTAL COUNSELLOR

#### 1 Day

When: 9.30am – 4.30pm

Cost: Full Fee \$185 | Concession \$150

Enrol: Friday, 12 Apr | <https://rb.gy/b8990v>  
Tuesday, 12 Nov | <https://rb.gy/5iqdpx>

### MENTAL HEALTH FIRST AID

#### 2 Days

When: 9.30am – 4.30pm

Cost: Full Fee \$330 | Concession \$275

Enrol: Mon, 1 & Tues, 2 Jul | <https://rb.gy/fmzp7l>

### YOUTH MENTAL HEALTH FIRST AID

#### 2 Days

When: 9.30am – 4.30pm

Cost: Full Fee \$330 | Concession \$275

Enrol: Mon, 28 & Tues, 29 Oct | <https://rb.gy/4st3o2>

### RESPONDING TO SUICIDE RISK

#### 1 Day

When: 9.30am – 4.30pm

Cost: Full Fee \$185 | Concession \$150

Enrol: Friday, 31 May | <https://bit.ly/486GjZd>

### ★ WORKING BETTER WITH NUNGA KIDS

#### 1 Day

When: 9.30am – 5.00pm

Cost: \$185

Enrol: Thursday, 14 Mar | <https://rb.gy/nlsy53>  
SHS/FDV workers: <https://rb.gy/iwz0il>  
Thursday, 17 Oct | <https://rb.gy/q75yhp>  
SHS/FDV workers: <https://rb.gy/z6mimj>

### BABY MESSAGE FOR BONDING

#### Online + 1 Face to Face (F2F) Day

When: 9.30am – 4.30pm

Cost: \$950

Enrol: F2F Tues 26 March | <https://bit.ly/3RTzrwk>  
F2F Tues 25 Jun | <https://bit.ly/3TzGsoM>  
F2F Tues 24 Sept | <https://bit.ly/3thdijv>  
F2F Tues 10 Dec | <https://bit.ly/3v7Q2Vx>

### WORKING THERAPEUTICALLY WITH MEN WHO PERPETRATE VIOLENCE

#### 1 Day

When: 9.30am – 4.30pm

Cost: Full Fee \$185

Enrol: Thursday, 5 Sept | <https://rebrand.ly/uwvuz01>

### INTRODUCTION TO MARTE MEO

#### 1 Day

When: 9.30am – 4.30pm

Cost: Full Fee \$150

Enrol: Thursday, 9 May | <https://rebrand.ly/3f5c58>

### MARTE MEO PRACTITIONER TRAINING

#### 6 Days

When: 10.00am – 4.00pm

Cost: Full Fee \$750

Enrol: Thursdays, 9 May, 27 Jun, 25 Jul, 22 Aug, 19  
Sept, 24 Oct | <https://rebrand.ly/4stfape>

### FAMILY GROUP CONFERENCING COORDINATOR TRAINING

#### Online + 3 Face to Face Days

When: Online 3 hours pre-requisite, then  
3 face-to-face days 9.30am – 4.30pm

Cost: \$500

*Optional formal assessment day for two  
Nationally Recognised Training units of  
competency, additional \$300*

Enrol: Tuesday 9, Wednesday 10, and Thursday 11  
April | <https://rebrand.ly/prior0v>

Wednesday, 14, Thursday 15 and

Friday 16 August | <https://rebrand.ly/5999da>

### INTRODUCTION TO NARRATIVE APPROACHES TO RESPONDING TO FAMILIES AND YOUNG PEOPLE IN CRISIS

#### 1 Day

When: 9.30am – 4.30pm

Cost: \$185

Enrol: Thursday, 7 March | <https://bit.ly/3vOURUa>  
Wednesday, 4 Sept | <https://rebrand.ly/tuqyhsz>

### ★ CONVERSATIONS AT THE KITCHEN TABLE

#### 2 days

When: 9.30am – 4.30pm

Cost: Full Fee \$370

Enrol: Thurs, 21 & Fri, 22 Mar | <https://rebrand.ly/9a01bd>  
SHS/FDV workers: <https://rebrand.ly/vkjewu8>  
Wed, 6 & Thurs, 7 Nov | <https://rebrand.ly/67deb0>  
SHS/FDV workers: <https://rebrand.ly/egyox3u>

### SUPERVISION: DEVELOPING YOUR REFLECTIVE PRACTICE

#### 1 Day

When: 9.30am – 4.30pm

Cost: Full Fee \$210 | Concession \$180

Enrol: Monday, 8 April | <https://rebrand.ly/57fa82>  
Enrol: Monday, 19 Aug | <https://rebrand.ly/f2dfa9>

## Course Descriptions

### Safe Environments for Children and Young People | 1 day

Learn how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect in this one-day workshop. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

### Safe Environments for Children and Young People Refresher | 1/2 day

Refresh your knowledge about how to recognise, report and respond to children or young people who may be at risk of harm, child abuse or neglect in this half day workshop. This training focuses on child protection in the context of 'Through Their Eyes' and has the safety and wellbeing of children at its core. It is designed as a refresher for professionals or volunteers who are mandatory reporters required to report suspicions of child abuse and neglect.

### Accidental Counsellor | 1 day

Accidental counsellor is a full-day course that provides practical skills for when you are 'being a counsellor'. Learn how to step into the shoes of a counsellor and support others when they are angry, distressed or experiencing a challenging time. This training is suitable for all professions, especially those in a service delivery role.

### Conversations at the Kitchen Table | 2 days

Build your skills in the art of talking to parents to support children to heal from trauma by exploring seven reflective parenting conversations over two days. Learn how to have conversations with parents or carers that enable them to focus on the child, build connection and intentionally help them to heal. All participants receive a Conversations at the Kitchen Table handbook for guidance and easy reference.

### Responding to Suicide Risk | 1 day

Build your knowledge, over a full day, on how to effectively and confidently reach out to intervene in a suicidal crisis. Learn current approaches to suicide prevention, warning signs, risk assessment and management of clients who present with suicidality. Responding to suicide risk training is suitable for workers in any profession

### Baby Massage for Bonding | Online + 1 day Face to Face

This course for professionals working therapeutically with infants in the first thousand days and their caregivers, aims to develop your skills and knowledge so that you can support parents to notice and respond to their baby's cues to enhance their nurturing relationship by providing a structured program of infant massage instruction in a group or with individual baby and parent.

The course consists of four online topics, support from a course coordinator and a face to face practical day for demonstrations and sharing.

### Supervision: Developing Your Reflective Practice | 1 day

Explore what it means to be a reflective practitioner who provides quality practice supervision that helps workers manage demanding and complex client concerns. This interactive full-day workshop provides concrete skills and practical ideas to structure supervision sessions and ensure supervision remains respectful yet challenging.

### Working Better with Nunga Kids | 1 day

Working better with Nunga kids instils a deeper understanding of how to adapt your thinking and better support Aboriginal (Nunga) children. It will help build your confidence and understanding of how to support Aboriginal children and make a positive difference to families.

This full day course was developed by Aboriginal workers. Facilitators share their knowledge and skills to help you develop a culturally appropriate approach to working with Aboriginal children.

### Family Group Conferencing Coordinator Training | Online + 3 Face to Face days

Learn how to facilitate Family Group Conferencing for families where concerns have been raised for the wellbeing and safety of a child or young person. This training teaches coordinators a strengths-based and inclusive approach, assisting families to develop an agreement on how to provide safe, permanent and stable care arrangements for their child or young person.

This three and a half day professional development course is a pre-requisite to be considered for opportunities as a coordinator through the state-wide Ngartuitya Family Group Conferencing Service. This training is a combination of 3 hours self-paced online learning (pre-requisite) and 3 days of face-to-face classroom learning.

At the conclusion of the face-to-face training, students can choose to be formally assessed and awarded with two units of competency upon successful completion. An additional charge of \$300 will apply for registration and assessment.

### Youth Mental Health First Aid | 2 days

Learn how to assist an adolescent experiencing a mental health problem or mental health crisis by using a practical, evidence-based action plan to support them until appropriate professional help is received or the crisis resolves. Ideal for adults who work, live or care for adolescents, such as school staff, parents, sports coaches, community group leaders and youth workers

### Mental Health First Aid | 2 days

Mental Health First Aid is practical and hands-on training, like a first aid course, and is delivered by Accredited MHFA Instructors.

You will learn about mental health issues and problems that people face in everyday life, identify signs and symptoms that suggest a person is developing a mental illness and learn how to provide initial support for a person experiencing a mental health crisis.

### Introducing Marte Meo | 1 day

Learn the foundational concepts of Marte Meo, a practical approach that supports child development by building relationships through everyday communication. This course introduces concepts used around the world by early childhood educators, social workers, paediatricians and nurses. It is the first step towards achieving International Accreditation as a Marte Meo Practitioner.

### Marte Meo Supportive Communication Skills | 6 days

Established in over 40 countries, Marte Meo is valued because it helps to reduce aggression and improves relationships with family. This training is for anyone with a role about understanding children's development. It is particularly suited to people from the child and family sectors, as well as early childhood education, disability, and aged care. This training follows completion of the pre-requisite 'Introduction to Marte Meo' course.

You will learn skills that include: following, leading and supporting co-operation, making emotional connections, activating development, reading developmental messages behind behaviour, and recognising how to use these skills in daily interactions.

*Please note: this training is a prerequisite to continue studying to become an internationally qualified Marte Meo Therapist. To apply for International Accreditation training as a Marte Meo Practitioner, participants are required to attend all six days of Supportive Communication Skills training.*

### Working Therapeutically with Men Who Perpetrate Violence | 1 day

Learn how to respond to men who perpetrate violence and, as a result, contribute towards greater community safety.

Qualified facilitators can help avert further harm by educating abusive men about the consequences of their actions. This training covers: the factors that promote behaviour change in men who abuse, how to support the process of accepting responsibility, and how to assist men to seek help.

### Narrative Approaches to Responding to Families and Young People in Crisis | 1 day

Narrative Therapy is a respectful and creative set of culturally accountable ideas used when consulting children adults and young people about any concern. Narrative ideas and questioning enables the stories of peoples skills and "know-how" to take up a little more space than the problems, effects of trauma and unjust circumstances that have been totalising people's lives. When the stories of what people did in the face of trauma take up more space than what did the trauma did to them, people begin to take more hopeful action based on their values and what is important. Narrative Ideas fits with the restorative position of 'being with' people rather than 'doing' to people. It is a trauma informed practice. In this introductory interactive workshop there will be opportunities to understand some of the history of the ideas and practice narrative questioning styles and techniques.